

Reverse Advent Calendar 2022

Often an Advent calendar is used to count down the days until Christmas by opening a box and discovering an ornament or something that helps you focus on the Advent journey.

A reverse Advent calendar focuses on giving something instead of receiving. Each day add an item to a box or reusable sturdy shopping bag. Then donate the box or bag to a Food Bank or Food Pantry like Helping Hands.

November 27	bottle of fruit juice
November 28	box of cereal
November 29	peanut butter
November 30	jelly
December 1	boxed potatoes
December 2	boxed macaroni & cheese
December 3	canned fruit
December 4	canned tomatoes
December 5	canned tuna
December 6	canned vegetable
December 7	applesauce
December 8	canned chicken or stew
December 9	canned beans
December 10	box of crackers
December 11	package of rice
December 12	box of instant oatmeal
December 13	package of pasta
December 14	spaghetti sauce
December 15	canned chicken noodle soup
December 16	canned tomato soup
December 17	box of granola bars
December 18	package of dried fruit
December 19	stuffing mix
December 20	pop tarts
December 21	dessert mix
December 22	soap
December 23	diapers or wipes
December 24	toothbrush & toothpaste